

## Special Awareness Days, primarily in Canada

<https://www.queerevents.ca/notable-lgbtq-dates#idahot>

### February

- **Kindness Week** (3<sup>rd</sup> week Feb)
  - o First official Canadian Kindness week to occur February 20-26, 2022
- **Spectrum Awareness Week** (week following Valentines Day - ASAW is annually marked on the first week following Valentine's Day, the week is dedicated to both celebrating and raising awareness about Aromantic spectrum identities.
- **Anti-bullying: Pink Shirt Day**; National; Pink Shirt Day - Last Wednesday February

### March

- **LGBT Health Awareness Week**: 1-7 USA
- **Transgender Month of Action for Healthcare Equality** USA
- **Transgender Day of Visibility**; International [Trans Day of Visibility March 31](#)

### April

- *First Week: Sexual Abuse Awareness Week*; Saskatchewan
- **April 6 – Asexuality Day** – International
- **April 26 – Lesbian Visibility Day** – International. Provides a platform for lesbian role models to speak out on the issues facing female-identified sexual minorities. This day, alongside other queer celebration days, is still an integral part of moving forwards to create an intersectional society where all are treated equally and fairly. <https://www.queerevents.ca/queer-culture/lesbian-visibility>

### May

- May 6: Belonging: National Day to End Bullying; *National; Boys and Girls Clubs of Canada*
- May 7: National Child & Youth **Mental Health Day**; National; <https://familysmart.ca/>
- **May 17th (International Day Against Homophobia, Biphobia and Transphobia)**. Marks the day in 1990 when the World Health Organization removed homosexuality from its list of mental disorders. Draws attention to the violence and discrimination experienced by 2SLGBTQIA+ people internationally.
- **May 24 Pansexual Visibility Day** - International

### June

- **Pride Month**; International

### July

- **July 14 - Non-Binary People's Day**. Non-binary people may identify as having two or more genders, having no gender, moving between genders or having a fluctuating gender identity, or being third gender or other-gendered, a category that includes those who do not place a name to their gender.

### September

- **September 23: Bisexual Awareness Day (and Week)** - Celebrating and respecting the bisexual community as well as recognizing the ongoing challenges and biphobia the community faces. [https://en.wikipedia.org/wiki/Celebrate\\_Bisexuality\\_Day](https://en.wikipedia.org/wiki/Celebrate_Bisexuality_Day)

## October

- **LGBTQ History Month** – USA First celebrated in 1994, it was declared a national History month by President Barack Obama in 2009. Provides role models, builds community, and represents a civil rights statement about the contributions of the LGBT community. **Canadian Queer History**  
<https://www.queerevents.ca/queer-history>
- **Oct 8 – USA Lesbian Day** (6 months after International Women’s Day)
- **October 11 – Coming Out Day** – International/National Canada - <https://www.queerevents.ca/notable-lgbtq-dates#comingoutday>  
Ignorance and silence allows homophobia to persist. However, there is growing acknowledgement that for many members of the Queer community, this places undue pressure on folks who are not in a safe country or circumstances to ‘come out’.
- **October 19 (3<sup>rd</sup> Wednesday) International Pronouns Day** – Seeks to make asking, sharing, and respecting personal pronouns commonplace. Referring to people by the pronouns they determine for themselves is basic to human dignity.
- **Oct 20 – Spirit Day (Anti-bullying)** – 3<sup>rd</sup> Thursday in October Since 2010, this day encourages everyone to speak out against LGBT2Q bullying and standing with LGBT2Q youth, who disproportionately face bullying and harassment because of their identities. On this day, supporters wear purple as a way to visibly show solidarity with LGBTQ youth and to honour LGBT2Q+ victims of suicide.  
The name “Spirit Day” comes from the purple stripe of the Rainbow flag which represents ‘spirit’.
- **October 26 – Intersex Awareness Day** – First established in 2003 by Emi Koyoma and Betsy Driver, as a way to raise awareness and a day of action to end shame, secrecy and unwanted genital cosmetic surgeries on intersex children.

## November

- **November (first Sunday) – Trans Parent Day** - Established in 2009, this day celebrates and honours transgender parents instead of the traditional Mother’s or Father’s Day. Today the day also includes parents who have transgender children.
- **Nov 13-19 Transgender Awareness Week** to help raise the visibility of transgender people and address issues members of the community face. Transgender people and their allies take action to bring attention to the community by educating the public about who transgender people are, sharing stories and experiences, and advancing advocacy around the issues of prejudice, discrimination, and violence that affect the transgender community.
- **November 20 – [Transgender Day of Remembrance \(TDOR\)](#)**, is an annual observance on November 20 that honors the memory of the transgender people whose lives were lost in acts of anti-transgender violence that year.
- **November 25 – December 10**  
[16 Days of Activism Against Gender Violence](#)

## December

- **December 8 - Pansexual Pride Day** celebrates pansexuality. This date is different from Pansexual Visibility day on May 24th.
- **December 10 - [Human Rights Day](#)** - We *urge protection of human rights* in Canada and around the world, and recognize that by collaborating with others, we are better able to promote the worth and dignity of all people.